

Mansfield Day Service

Mansfield Day Service reaches out to a wide group of people, covering an age range of nineteen upwards. They offer an imaginative and flexible service for people, who require close support and supervision to people who are working towards living as independently as possible in their local community. They aim to make each day for people who access the service an enjoyable experience, offering a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities.

They offer a service to meet the individual needs of people by providing a varied programme of activities, to develop and maintain people's skills and abilities.

Mansfield Day Service has a wide range of facilities on offer, including a salon, a sensory room, gym, several activity rooms, a computer room, a modern teaching kitchen and a coffee bar.

Website: www.nottsgov.uk

Telephone: 01623 795 991

Space Inclusive

Space Inclusive is an East Midlands based social enterprise that is committed to improving the lives and prospects of people with learning difficulties and disabilities by offering appropriate and aspirational opportunities, providing person-centred programmes for young adults with learning disabilities aged 18+ who have a personal budget.

They offer practical real-life based activities that will support them in their transition from school or college into a sustainable adult life. recognising many of the challenges that young adults can face and striving to support people's individual needs through small group working and providing access to a range of opportunities in three main areas; skills for employment, skills for supported/independent living and social skills.

Space Inclusive work with people to develop their skills in every day practical activities and wherever possible use public transport. Assisting with household budgeting they also help in setting up, managing and maintaining well run bank accounts.

Website: www.spaceinclusive.co.uk

Landmarks Specialist College

Landmarks is a thriving, Independent Specialist College for people with learning difficulties and disabilities 16+ based in Eckington, but operating across five sites throughout the East Midlands and South Yorkshire. They offer a variety of programmes on a variety of sites, that are fun, engaging and sociable and that aim to help participants consolidate essential life skills.

Students can engage in learning in a number of ways including their Lifelong Learning Programme, work-based learning pathway and life-skills pathway, enabling access to work experience and vocational qualifications.

Website: www.landmarks.ac.uk

Telephone: 01246 433788

Ashfield Day Services

Ashfield Day Service work with a wide group of people, covering an age range of nineteen upwards. They offer a flexible service for people who require close support and supervision and those people who are working towards living as independently as possible in their local community. They aim to make each day for people who access their service an enjoyable experience, offering a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities.

Ashfield Day Service has a wide range of facilities on offer, including a salon, a sensory room, gym, several activity rooms, a computer room, a modern teaching kitchen and a coffee bar.

Website: www.nottscc.gov.uk

Telephone: 01623 550376

APTCOO - A Place to Call Our Own

APTCOO is a specialist Alternative Education provider using highly innovative and creative practical strategies that turn opportunities into real and successful change. Working in partnership with Nottinghamshire County and City Council and local schools they deliver flexible alternative provision that will ultimately improve young people's well-being, attendance and achievement together with confidence to re-engage back into mainstream. APTCOO offer unique, safe and accessible spaces catering for small numbers of children with complex needs, including physical and behavioural.

Services are delivered across various sites, each having its own unique specialism and based within the local communities, working closely together with the school and the family providing parent/carers and sibling support. They provide information, advice, support and guidance to ensure young people have the most independent and fulfilling life

possible. APTCOO support families to make informed choices and work together with a wide range of complementary partners in order to provide access to the right services, at the right time, with the right people.

Website: www.aptcoo.co.uk

Telephone: 01623 62 99 02

Portland College

Portland College is a vibrant national college for people with a wide range of disabilities offering Further Education as well as Employment Support and Personal Care. They strive to develop every learner's unimagined potential with a personalised programme including work experience and volunteering. The personal curriculum is underpinned by a broad range of accredited qualifications in independence, literacy, numeracy, sport, arts, business studies, computing, small animal care and horticulture.

They can also offer short breaks, independent living programmes and day services through Portland Freedom.

Depending on individual interests students will access one of the three vocational study programmes which focus on a wide variety of subjects. Within that programme students will then be streamed on an individualised route depending on their assessed level.

Functional skills Maths, English and ICT are embedded within a learner's study programmes through bespoke individualised approaches and targets as well as through discreet group sessions.

Website: www.portland.ac.uk

Telephone: 01623 499186

Newark and Sherwood Day Services

Newark and Sherwood Day Service offer services to a wide group of people, covering an age range of nineteen upwards. They offer an imaginative and flexible service for people who require close support and supervision and to people who are working towards living as independently as possible in their local community, aiming to make each day for people who access our service an enjoyable experience. Newark and Sherwood offer a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities. They offer a service to meet the individual needs of people by providing a varied programme of activities to develop and maintain people's skills and abilities.

The building has a wide range of excellent facilities on offer including a hair salon, large sensory and relaxation room, activity rooms, training kitchen, well-equipped art and craft room, comfortable lounges, spacious dining room and a coffee bar. The service has a full catering service and an excellent choice of hot and cold meals are available. The coffee bar offers a range of drinks and light bites and snacks.

Website: www.nottinghamshire.gov.uk

Telephone: 01623 835186

Reach Learning Disability Care

Reach is a registered charity dedicated to supporting people with learning disabilities in Nottinghamshire, working with almost 250 people to enable each individual to lead a happier and healthier life in their own community.

Reach have several centres – Reach Southwell, Reach Newark, Reach Mansfield and their social enterprise Flower Pod based just outside Southwell. The centres offer courses, activities, projects and socials, aiming to enable clients to learn new skills, make friends and live well. Reach have recently opened their cafe in Balderton which offers a warm and friendly place to drop in for a coffee and a chat with friends.

Reach can also offer supported volunteering opportunities for clients who are preparing for their next steps towards independence and active citizenship

Website: www.reachuk.org

Telephone: 01636 819066

Recycling Ollerton and Boughton (ROB)

Providing work-based training placements for adults with learning difficulties they have over 35 service users accessing the service, all of whom have very different abilities and needs. Support they give each individual is tailored accordingly, with the aim of giving them as productive and rewarding a day as is possible. Access to the service is generally made through Notts County Council's Community Learning Disability Teams or their Transitions Team.

The recycling activities R.O.B offer although industrious, are labour intensive by design. Each team, operating on the kerbside and the business collections would generally comprise 2 or 3 members of staff and 3 or 4 service users.

The Adventure Service

The Adventure Service presently operates two day services in Nottinghamshire. The Day Service is a targeted personal development service for teenagers and adults with learning disabilities and additional support needs. They provide specialist outdoor activities for groups of adventurers to take part in. These activities include mountain biking, rock climbing, abseiling, weaselling, bushcraft, canoeing, hill walking, archery and much more.

Adventurers all work towards individual skills targets and through expert instruction and support, the skills that individuals develop during the sessions are transferable into other areas of their lives. Group volunteering will help to develop an understanding of working with others and communication skills.

The Adventure Service believes that learning outside the classroom, whether on the hills, in woodland or on the school field or playground, provides an exciting and stimulating change for learners, as well as reducing behavioural problems, triggering, inspiring and improving motivation as well as increasing a sense of wellbeing.

Service. There is even an opportunity to achieve The Adventure Service Awards

Website: www.theadventureservice.com

Sam's Workplace

Sam's Workplace offers a realistic work experience placement for people with a learning disability, developing their independence and social skills. They run a small cafe and sweet shop, so there are plenty of opportunities for daily life and work skills, money skills, weighing and measuring, catering, customer care and social interaction in a supported and friendly environment. They are based within the local community of Rainworth and have allotments based in Blidworth offering a seed to table project growing fruit and vegetables, together with horticulture skills projects and some small animal care with chickens, rabbits and guinea pigs.

There is also an enterprise workshop making arts and crafts goods for sale within the shop and at local community fairs. They have an independent bedroom, bathroom and kitchen training area so users can learn home making skills such as Hoovering, bed making, dusting, cleaning which can be replicated at home.

Website: www.samsworkplace.co.uk

Telephone: 01623 797240