

## Pathfinders Information

### Bassetlaw Day Service

Bassetlaw Day Service reaches out to a wide group of people, covering an age range of nineteen upwards. They offer an imaginative and flexible service for people, who require close support and supervision, to people who are working towards living as independently as possible in their local community. They aim to make each day for people who access the service an enjoyable experience, offering a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities. They offer a service to meet the individual needs of people by providing a varied programme of activities, to develop and maintain people's skills and abilities. Bassetlaw Day Service has a wide range of facilities on offer, including a salon, a sensory room, several activity rooms and a coffee bar.

Website: [www.nottsc.gov.uk](http://www.nottsc.gov.uk)

Telephone: 01909 476499

### Space Inclusive

Space Inclusive is an East Midlands based social enterprise that is committed to improving the lives and prospects of people with learning difficulties, autism and disabilities by offering appropriate and aspirational opportunities, providing person-centred programmes for young adults with learning disabilities aged 18+ who have a personal budget. They offer practical real-life based activities that will support them in their transition from school or college into a sustainable adult life. They recognise many of the challenges that young adults can face and strive to support people's individual needs through small group working and providing access to a range of opportunities in three main areas; skills for employment, skills for supported/independent living and social skills. Space Inclusive work with people to develop their skills in every day practical activities and wherever possible use public transport. Assisting with household budgeting they also help in setting up, managing and maintaining well run bank accounts. Space inclusive has 4 Locations Nottingham, Radford, Arnold and Mansfield woodhouse.

Website: [www.spaceinclusive.co.uk](http://www.spaceinclusive.co.uk)

Phone: 01158370693

## Landmarks Specialist College

Landmarks is a thriving, Independent Specialist College for people with learning difficulties and disabilities 16+ based in Eckington, but operating across five sites throughout the East Midlands and South Yorkshire. They offer a variety of programmes on a variety of sites, that are fun, engaging and sociable and that aim to help participants consolidate essential life skills. Students can engage in learning in a number of ways including their Lifelong Learning Programme, work based learning pathway and life-skills pathway, enabling access to work experience and vocational qualifications.

Website: [www.landmarks.ac.uk](http://www.landmarks.ac.uk)

Telephone: 01246 433788

## Ashfield Day Services

Ashfield Day Service work with a wide group of people, covering an age range of nineteen upwards. They offer a flexible service for people who require close support and supervision and those people who are working towards living as independently as possible in their local community. They aim to make each day for people who access their service an enjoyable experience, offering a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities. Ashfield Day Service has a wide range of facilities on offer, including a salon, a sensory room, gym, several activity rooms, a computer room, a modern teaching kitchen and a coffee bar.

Website: [www.nottsc.gov.uk](http://www.nottsc.gov.uk)

Telephone: 01623 550376

## Portland College

Portland College is a vibrant national college for people with a wide range of disabilities offering Further Education as well as Employment Support and Personal Care. They strive to develop every learner's unimagined potential with a personalised programme including work experience and volunteering. The personal curriculum is underpinned by a broad range of accredited qualifications in independence, literacy, numeracy, sport, arts, business studies, computing, small animal care and horticulture. They can also offer short breaks, independent living programmes and day services through Portland Freedom. Depending on individual interests' students will access one of the three vocational study programmes which focus on a wide variety of subjects. Within that programme students will then be streamed on an individualised route depending on their assessed level. Functional skills Maths, English and ICT are embedded within a learner's study programmes through bespoke individualised approaches and targets as well as through discreet group sessions.

Website: [www.portland.ac.uk](http://www.portland.ac.uk)

Telephone: 01623 499186

## Newark and Sherwood Day Services

Newark and Sherwood Day Service offer services to a wide group of people, covering an age range of nineteen upwards. They offer an imaginative and flexible service for people who require close support and supervision and to people who are working towards living as independently as possible in their local community, aiming to make each day for people who access our service an enjoyable experience. Newark and Sherwood offer a range of stimulating activities designed to meet individual support needs and give new experiences in a safe environment through social, recreational and educational activities. They offer a service to meet the individual needs of people by providing a varied programme of activities to develop and maintain people's skills and abilities. The building has a wide range of excellent facilities on offer including a hair salon, large sensory and relaxation room, activity rooms, training kitchen, well-equipped art and craft room, comfortable lounges, spacious dining room and a coffee bar. The service has a full catering service, and an excellent choice of hot and cold meals are available. The coffee bar offers a range of drinks and light bites and snacks.

Website: [www.nottinghamshire.gov.uk](http://www.nottinghamshire.gov.uk)

Telephone: 01623 835186

## Reach Learning Disability Care

Reach is a registered charity dedicated to supporting people with learning disabilities in Nottinghamshire, working with almost 250 people to enable each individual to lead a happier and healthier life in their own community. Reach have several centres – Reach Southwell, Reach Newark, Reach Mansfield and their social enterprise Flower Pod based just outside Southwell. The centres offer courses, activities, projects and socials, aiming to enable clients to learn new skills, make friends and live well. Reach have recently opened their cafe in Balderton which offers a warm and friendly place to drop in for a coffee and a chat with friends. Reach can also offer supported volunteering opportunities for clients who are preparing for their next steps towards independence and active citizenship

Website: <https://reachuk.org/>

Telephone: 01636 819066

## Recycling Ollerton and Boughton (ROB)

Providing work-based training placements for adults with learning difficulties they have over 35 service users accessing the service, all of whom have very different abilities and needs. Support they give each individual is tailored accordingly, with the aim of giving them as productive and rewarding a day as is possible. Access to the service is generally made through Notts County Council's Community Learning Disability Teams or their Transitions Team. The recycling activities R.O.B offer although industrious, are labour intensive by design. Each team, operating on the kerbside and the business collections would generally comprise 2 or 3 members of staff and 3 or 4 service users.

Website: <https://recyclingollerton.co.uk/>

Telephone: 01623 963955

## The Adventure Service

The Adventure Service presently operates two day services in Nottinghamshire. The Day Service is a targeted personal development service for teenagers and adults with learning disabilities and additional support needs. They provide specialist outdoor activities for groups of adventurers to take part in. These activities include mountain biking, rock climbing, abseiling, weaselling, bushcraft, canoeing, hill walking, archery and much more. Adventurers all work towards individual skills targets and through expert instruction and support, the skills that individuals develop during the sessions are transferable into other areas of their lives. Group volunteering will help to develop an understanding of working with others and communication skills. The Adventure Service believes that learning outside the classroom, whether on the hills, in woodland or on the school field or playground, provides an exciting and stimulating change for learners, as well as reducing behavioural problems, triggering, inspiring and improving motivation as well as increasing a sense of wellbeing. Service. There is even an opportunity to achieve The Adventure Service Awards.

Website: [www.theadventureservice.com](http://www.theadventureservice.com)

Telephone: 01623 232102

## Sam's Workplace

Sam's Workplace offers a realistic work experience placement for people with a learning disability, developing their independence and social skills. They run a small cafe and sweet shop, so there are plenty of opportunities for daily life and work skills, money skills, weighing and measuring, catering, customer care and social interaction in a supported and friendly environment. They are based within the local community of Rainworth and have allotments based in Blidworth offering a seed to table project growing fruit and vegetables, together with horticulture skills projects and some small animal care with chickens, rabbits and guinea pigs. There is also an enterprise workshop making arts and crafts goods for sale within the shop and at local community fairs. They have an independent bedroom, bathroom and kitchen training area so users can learn home making skills such as hoovering, bed making, dusting, cleaning which can be replicated at home.

Website: [www.samsworkplace.co.uk](http://www.samsworkplace.co.uk)

Telephone: 01623 797240

## Inspire College

Inspire college offer Study Programmes for young people of all abilities aged 16 to 24 from specialist centres across Nottinghamshire to develop skills in further education. offering a wide variety of courses, ie English, maths, Aim Awards, Hospitality, social care, carpentry, bricklaying, construction, social development, sport and life skills. They also offer preparation for the world of work, employability skills on community and work placements and traineeships.

Website: <https://www.inspireculture.org.uk/college-16-24/>

Phone: 0115 804 3611

Email: [learning@inspireculture.org.uk](mailto:learning@inspireculture.org.uk)

## West Notts College

West Notts College offer a wide variety of courses, ie English, maths, Aim Awards, Animal care, Hospitality, social care, carpentry, bricklaying, construction and life skills. They also offer preparation for the world of work, employability skills on community and work placements and traineeships. West Notts have a Team and specific area of the collage giving Learning support to Students with disabilities and/ or learning difficulties. The teams work closely with students, schools, outside agencies and teachers to provide an individual support package. Support is regularly reviewed and the aim, where possible, is to guide the learner towards independence.

Website: <https://www.wnc.ac.uk/Support-and-services/Additional-learning-support/>

Phone: 0808 1003626

## Autism East Midlands

Autism east midlands provide a wide range of care, support and education services. They aim to help develop existing and new skills by creating a structured timetable within a supportive environment. They also focus on developing communication skills, social integration, confidence and independence skills. They have 4 flexible day service centres, Dukeries (Worksop), Mundy (Heanor), Sherwood centre (Mansfield woodhouse) and Hamilton (Nottingham). Activities include creative sessions and arts and crafts, life skills such as cookery and gardening and community-based activities such as local walks and accessing public transport, bowling or swimming., local visits, ICT/computer skills, support with literacy and numeracy, promoting teamwork and team skills, building confidence, support into paid employment, voluntary positions in the community.

Autism east midlands also offer Accommodation, supported living services, providing support needed for people to live within their local communities and respite care providing families and carers with the chance to take a break from their caring role for a few days or a few weeks.

Website: <https://www.autismeastmidlands.org.uk>

email [enquiries@aem.org.uk](mailto:enquiries@aem.org.uk)

Phone: 01909 506 678