

Sensory Trays Activities

Play Dough

- 2 cups flour
- 1 cup salt
- 2 tbsp cream of tartar
- 2 tbsp baby oil
- 1 ½ cups hot water
- Add ingredients into a bowl and stir

Salt Dough

- 2 cups flour
- 1 cup salt
- 1 cup water
- Add ingredients into a bowl and stir

Kinetic Sand

- 3 cups sand
- 2 cups corn starch
- 1 cup soapy water
- Add ingredients into a bowl and stir

Jello Play Dough

- Water to boil
- 1 cup flour
- ½ cup salt
- 2 tbsp cream of tartar
- 2 tbsp coconut oil
- Packet of jello

- Add flour is still sticky
- Add ingredients into a pan and stir

Play Dough Soup

- ½ cup castile soap
- ½ cup baby oil
- 1 cup corn starch
- Add ingredients into a bowl and stir

Edible Slime 1

- Packet of jello
- 1 cup corn starch
- ½ cup water – add slowly
- Add nerds for texture
- Add ingredients into a bowl and stir

Edible Slime 2

- 1 tbsp Metamucil
- ½ cup water
- Add ingredients into a bowl and place in the microwave for 3 to 4 minutes and stir

Edible Slime 3

- Starbursts microwave for 70 seconds until runny
- In a separate bowl add ½ cup of corn starch
- ½ cup powdered sugar
- Add melted starbursts to mixture and stir