

Claire's class

Primary 1 & Middle 1

Ideas of activities for whilst at home...

Our theme for this term is 'Looking After Our World'

Here are some ideas of activities linked to the theme.

- Sensory play with natural items found outside, make a piece of artwork with items found outside.
- Help with jobs around the home and garden, tidying, washing the pots, putting rubbish in the bin, recycling, putting toys away, putting clothes away, gardening (growing food, plant flowers, make bird feeders with plastic bottle, seeds n string, pull weeds out).
- Learning about looking after our world from YouTube videos (search for 'Looking after our world kids'). Create artwork relating to what you have seen.
- Learn about how the world was created from YouTube videos (search for 'Creation stories for kids'). Create artwork relating to what you have seen.
- Use empty containers, packets, sweet wrappers etc to make sculptures, musical instruments, or collages.



Put on your favourite music and have a dance! Keep pausing, do they get your attention to ask for more? Do they tell you to stop?

23rd April is St. George's Day

Explore some traditional English foods – cream tea, fish & chips, Cornish pasty, English breakfast, trifle, strawberries & cream, toad in the hole, plus many more, just ask Google 😊

They can explore using all their senses, play with the food, eat the food, cook the food, practice mixing and counting, can they indicate whether they liked the food or not?

Make some decorations – bunting, dragons, flags, knight

Listen to the story of St. George, <https://www.youtube.com/watch?v=gsGz0a25wu0>



Mark making using hands & objects in different materials, such as paint, shaving foam, dried potato flakes, custard powder, dry & wet sand, anything which they can move to create marks. Help them to move in a scribble, side to side and up & down motion, can they make any of these movements independently? Are they aware of the marks they are making?

Google 'Early Mark Making' for some ideas of activities you could do together.



...is a great way to have a conversation with your child on their level, let them take the lead and as they do, you copy their sounds and actions.

Do they make any new sounds, do any new actions?

You can find more information at www.intensiveinteraction.org



Read a book together, ask simple questions, can they point to the answer? Can they indicate whether they liked the story?

Put on some relaxing music (if you don't have any, YouTube is a good source) and do some yoga moves to the music.

Here are some moves relating to spring..

Warm up – Squeezes and deep pressures down the body, **the sun** – reach up in the air and place palms together, **tree** - if possible, bend one leg up, otherwise sway from side to side like a tree in the breeze, **bird** – flap arms like a bird, **rain** – let arms flop like falling rain, **planting a garden** – move legs up as if bending down to plant seeds, **bee** – move arms quite quickly like a bee and make a humming sound, **butterfly** – move legs from centre out to the side like a butterfly flapping its wings & **relaxing in the park** – breath and rest



Listen to the counting songs on BBC iPlayer or YouTube and sing along. Are they showing any awareness of the numbers? Singing? Attempting to join in with any actions?



- Musical instruments from pots, pans and spoons.
- Make their own shakers with pasta, rice etc
- Make own glitter bottles from water, glitter and food colouring.
- Paint without the mess. Put different coloured paint onto a tray. Cover with cling film. Tape up the sides and let them explore it. Could also use rice, peas, shaving foam, hair gel etc
- Take large sheets out in the garden to make their own parachute
- Bubbles... can never go wrong with bubbles!!
- Shaving foam to explore
- Make spring sensory bags from sealed food bags, water with flowers and leaves.

Sources of ideas...

The internet is full of ideas for sensory play, let Google guide you...

Pinterest has some good ideas for sensory play and crafts

