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| **Lesson Plan: Move Paint Draw** | | **Duration: 15 mins (approx.)** | | **Date: Spring 2020** | |
| **Overall Lesson Objective:** **To strengthen and develop children’s fine and gross motor dexterity, hand-eye co-ordination, proprioception, balance, low load control and grip** | | | | | |
| **Learning objectives** | (8- 20) Explores and experiments with a range of media through sensory exploration and using whole body.  22-36) Beginning to use tree fingers (tripod grip).  (22-36) May be beginning to show preference for dominant hand.  (40-60) Shows a preference for a dominant hand. | | | | |
| **Adult support** | teacher, KG- TA/HCA support, JD/LM – TA support, MH – TA support | | | | |
| **Lesson Content**  **& Differentiation** | **Introduction**  Start with whole handwriting movements around whiteboard following power point to music.  Students can choose their sensory mark making tool. | | **Main**  Introduce the writing exercises following the visuals and music on power point support as needed  Staff to model different writing movements (vertical, horizontal, zig zag, wavy, dot, circle) and encourage children to copy  Use hand over hand to encourage use of writing implement and proper movements  Adults ‘sing’/’repeat’ repetitive phrases while doing the movements (e.g. Up, up, up, down, down, down) | | **Plenary**  Celebrate achievements & successes together. |
| **Success Criteria** | All children will engage in activities, practising and developing fine motor skills. | | | | |
| **Resources** | PowerPoint, mark making tools (e.g. Whiteboard and pen, paintbrush and paper, shaving foam) | | | | |