

Things that you can do at home

- Your child's targets link to being as independent as possible through – jobs they can do around the classroom, going to the toilet, putting on their own coat, tidying up after themselves and finding equipment they need to complete their work.
- **At home** – being as independent as possible: dressing themselves, going to the toilet, washing up, getting items from the kitchen, tidying up their bedrooms, help make food, wash themselves and voting on something to watch on tv etc.
- Our topic this term is **Heroes**, we have been looking at what makes a hero e.g. skills they need, who is a hero in our community – **Army, Doctors, Firefighters, Police, Vets and Dentists etc.**
- We have been looking at other types of Heroes – **animals e.g. dolphins, gorillas, elephants etc and children/ adults from the past that have been known as a hero.**
- In maths we have looked at – **weighing, time, half and quarter, money and measuring.**
- We have been looking at **stranger danger, what to do when you are on the internet – social media/ appropriate sites etc.**
- Science – **human body parts, putting things into categories from your environment (colour, texture, shape and number), healthy eating – food that is good and bad for you and exploring solids and liquids.**

Move it – we do this before a lesson: access through YouTube

- **Just Dance - Eye of the Tiger**

https://www.youtube.com/watch?v=8-9Sm6_yE98

- **Wii Workouts - Just Dance - Cotton Eye Joe**

<https://www.youtube.com/watch?v=6rBFtCJ255w>

- **Rihanna - Where Have You Been - Just Dance 2014 *5 STARS* (Xbox One)**

<https://www.youtube.com/watch?v=jiLUvXUJa48>

- **just dance now Shaky Shaky**

<https://www.youtube.com/watch?v=QXbFvJO85AA>

- **Just Dance 2018 Swish Swish**

https://www.youtube.com/watch?v=Ls_FWxWo9PI

- **Macarena. Just Dance 2015**

<https://www.youtube.com/watch?v=zylXQsDY9NE>

- **Just Dance 2014 YMCA 5 STARS**

https://www.youtube.com/watch?v=0SG16_kWpe0

Zumba – we do this before a lesson: access through YouTube

- **Con CALMA - Daddy Yankee & Snow (zumba fitness)**

<https://www.youtube.com/watch?v=z94OeSetfD0>

- **Pop/Jax Jones/Breathe/ft Ina Wroldsen Zumba Korea TV**

<https://www.youtube.com/watch?v=3C-VhR3-ges>

- **AZUKITA" / Zumba® choreo with Giouli Giannopoulou (Aoki, D.Yankee, Play-N-Skillz & E.Crespo)**

<https://www.youtube.com/watch?v=IMudutYbneY>

- **Firehouse Daddy Yankee Ft Play N Skillz Zumba Fitness Arantxa Moreno**

<https://www.youtube.com/watch?v=ousdlLjX9E8>

- **Cheap thrills - Zumba with Meta**

https://www.youtube.com/watch?v=T3xn_sMxB0M

- **Танцевальная тренировка Zumba для похудения**

<https://www.youtube.com/watch?v=Bv245eKS15o>

- **ZUMBA FOR '1 GOAL'- SHAKIRA'S WAKA WAKA**

<https://www.youtube.com/watch?v=KPv8ZGrb78Y>

Heroes that you can look at on the internet:

- **Kyle Carpenter** – saved his friend from a bomb in Afghanistan.
- **Stephen Hawking** – research in order for us to better understand the world in its scientific form.
- **Candy Lightner** – helped Laws to be in place to go against drinking and driving.
- **Jane Addams** – wanted peace arrangements to be singed.
- **Mary Wollstonecraft** – women's rights.
- **Florence Nightingale** – nurse in the war.
- Dolphins
- Gorillas
- Elephants
- Polar Bears

- Guide dogs etc

If you have any hero books at home to read or the ones listed below you can listen to – access through YouTube:

- **Robin Hood - Disney Story**

<https://www.youtube.com/watch?v=F2bi3rDPYjM>

- **Pete's Dragon Read Along Book and Record**

<https://www.youtube.com/watch?v=YTdp6JSD2zM>

- **Peter Pan Read Along Book and Record**

<https://www.youtube.com/watch?v=AQzOdrZ0XrQ>

- **Mary Poppins - Disney Story**

<https://www.youtube.com/watch?v=pyL8zGJDUFU>

- **Pinocchio - Disney Story**

<https://www.youtube.com/watch?v=mDkma8dvVUE>

Dr Boomerang Head Story: This term we have been looking at this, making our own stories inspired by the story and acting out the scenes:

Things to have so that it is a sensory story:

- Lavender essential oil mixed in water to spray into the air
- Lemon essential oil mixed in water to spray into the air
- Hot water bottles – to feel heat upon your cheeks
- Green glasses – will be provided in this pack
- Gherkin juice to smell
- Tuna/ fish sauce to smell
- Blankets to hide under
- Water in a bottle to spray into the air to act like the rain

Superhero Dr Boomerang Head



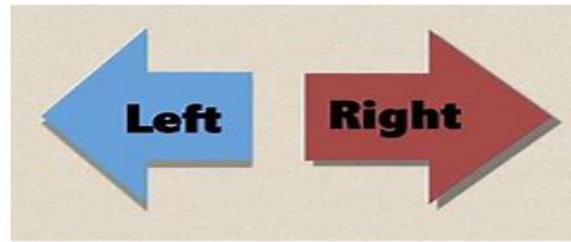
One day in Washington DC on a hot summers day, the lovely people wondered the streets carrying out their daily chores. All of a sudden they began to feel a rumble beneath their feet which made the people sway back and forth.



Huge cracks split the roads in half and a horrible smell filled the peoples nostrils. It smelt like rotten fish and gherkin juice.



Everyone started to panic and run in opposite directions, some went left, some went right, others ran down the stairs towards the underground railway station.



“What ever shall we do” shouted one person.

“What is happening” shouted another person.

The cracks began to get bigger and a ginormous shape began to surface from beneath the ground. It looked like a tripod with a silver saucer for a head. It was as big as the tallest skyscraper, 1 hand with fingers and 2 green eyes with 3 legs to support it.



Try on Green Glasses

The people of Washington DC stopped in their tracks and turned towards the metal tripod monster.

For about a minute the monster and people stared at each other.

All of a sudden the monster gave out a big “roarrrrrrrrrrrr” and the people began to run again.



Make the noise of the monster

It crushed buildings with its 3 legs and threw cars with its arm. It had a red zapper in the middle of its saucer head and began to ‘zap, zap, zap’ buildings away – they disappeared without a trace.

“Who will save us” one person cried.

Wait who is that guy” cried another.



“It’s Dr Boomerang Head” people near by shouted!



He could run as fast as lightening, and stronger then a million men but his favourite superpower was his boomerang, which he could aim and throw and it would always hit his targets by exploding them into a thousand pieces.



"Do not fear good people of Washington DC, I will save you and defeat this monster once and for all!"



Dr Boomerang Head ran really fast towards the monster that began to aim it's zapper towards the superhero. Dr Boomerang Head dogged the zaps, moving left, right, up and down. Each time the monster tried to zap him.

Hide under blanket to escape.

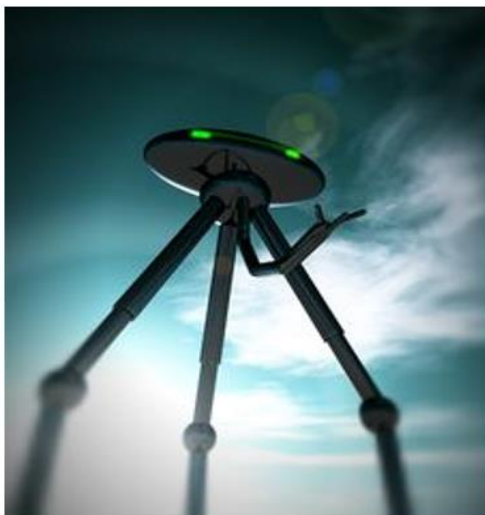
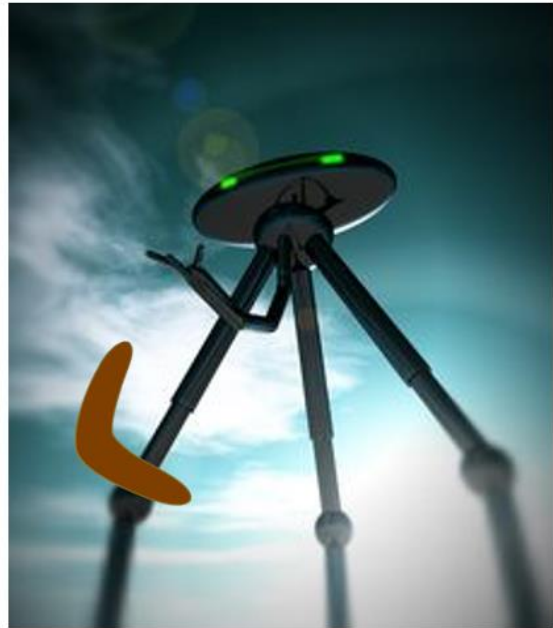


The sky began to turn black and thunder storms began to crack through the clouds. Dr Boomerang Head took his boomerang from on top of his head and aimed it towards the monster.



Smell of rain

The boomerang hit one of the monsters legs which made the silver saucer head monster wobble and fall too the ground. As the monster fell to the ground, it gave an all mighty shriek and crushed some buildings on it's way down.



The monster began to get up and run towards Dr Boomerang Head, heavy footsteps you could probably hear from miles away.

Dr Boomerang ducked underneath the monster and threw another Boomerang at the monsters legs.

The monster was done, with only one leg left, he could not keep himself up and fell to the ground again.

'The people of Washington DC gave an almighty cheer for Dr Boomerang Head – hip hip hooray'.



The People were saved, the monster was taken away by the helicopter police.

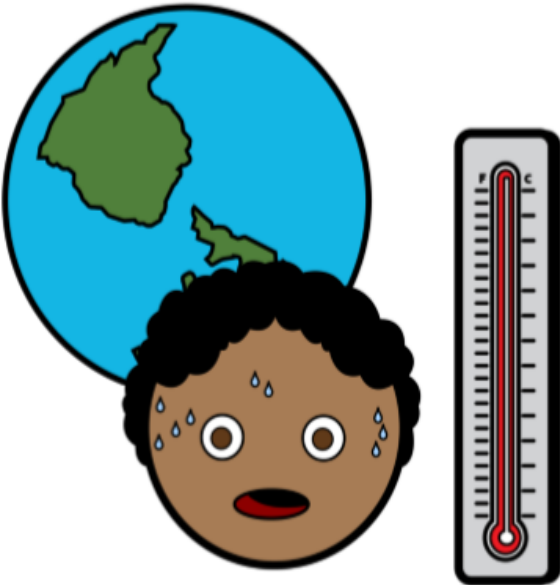
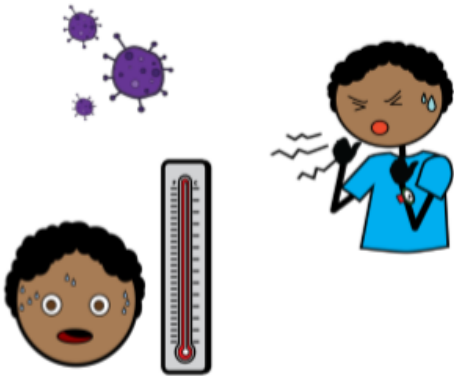


The next day, back in police head quarters where they kept the monster. The police kept the monster to study and observe, to understand where the monster came from and how it survived under the ground for all this time. The monster was dead so the people thought.

Until it began to open it's eyes.....



How to explain Coronavirus – Autism Friendly (Social Story):

<p>WHAT IS THE CORONAVIRUS?</p> 	<p>The Coronavirus is a virus that can make people feel unwell.</p>  <p>The Coronavirus can also be called "COVID-19".</p> <p>COVID-19 / CORONAVIRUS</p>
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People who have the Coronavirus may have:



Sore Throat/Cough



Fever



Runny Nose



Most people who have the Coronavirus will stay at home to get better.

Some people who have the Coronavirus will go to the hospital to get better.



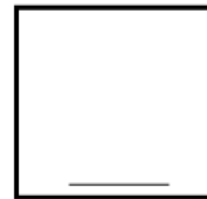
I can help stop the spread of germs by washing my hands with soap and water.

I can take my time when I wash my hands, making sure I wash between my fingers and all over my hands.

If I can't use soap I can use Hand Sanitizer.



There will be NO School for



School will reopen again.



I will stay at home while school is closed.



I will complete school-work /homework while I am at home.



I know that I will be safe and I don't have to feel afraid.

I will be safe and happy at home with my family.

